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Guidelines for Participating during Covid-19 Fall 2020

Infinity Equine Therapy's team of instructors (and horses) have missed all of you! We have been diligently working to develop a program that meets the many requirements created by the Covid-19 pandemic. I.E.T. is mandated to operate very differently and while the schedule may appear to be different, the commitment and dedication of all of I.E.T.'s instructors remains the same. I.E.T. is only able to offer private lessons to insure social distancing and to aid in limiting exposures to all participants. Private lessons, though, reduces the number of persons we are able to serve. Below are the Covid-19 guidelines to participate in class this fall.

We must emphasize these important points:

- ***Masks are required for everyone (all riders/parents/caregivers)***
- **Everyone (riders and parents/caregivers* must be free of any Covid-19 symptom as well as free from any possible exposure**
- **Families will notify instructor(s) *immediately* if there is any possibility of a Covid-19 exposure**
- **All riders and parents/caregivers will sign a Covid-19 Liability Waiver and agree to abide by I.E.T.'s Covid-19 Guidelines**

In addition, the following procedures apply to **all** lessons:

- 1) An I.E.T. Registration Form will be required for each rider. All participants and parents/caregivers will be required to sign an I.E.T. Covid-19 waiver. Parents/caregivers will be required to complete a volunteer form.

*A "caregiver" is a person *who resides in the same house* as the rider.

- 2) All lessons will be private and scheduled within a 45 minute time slot. Riders will need to arrive **on time** and leave Silver Rock Farm when their lesson is over. (Sadly, families/parents will not be able to congregate/visit while on the premises). We will have 30-minute lessons within the 45-minute time slot.
- 3) Everyone will observe social distancing.
- 4) Only ONE parent or caregiver can come to the lesson.
- 5) The parent/caregiver may be needed to assist with mounting/dismounting or side-walking during the lesson, as I.E.T. is not able to utilize volunteers for those tasks.
- 6) Parent/caregiver will sign Volunteer Waiver. I.E.T. will review safety standards with parent/caregiver.
- 7) Once a rider is mounted and the instructor is distanced from the rider, the rider may slide the mask down. Prior to dismounting, the rider must put the mask back on. Riders must be able to handle their masks, as the instructor will not be able to assist the rider with the mask.
- 8) Each week upon arrival, riders and parent/caregiver must answer Covid-19 protocol questions and have their temperatures taken by scan. This will be done before exiting the vehicle.
- 9) Anyone with any symptom suggestive of Covid-19 may **not** participate in the program until they have a negative Covid-19 test for active infections *or* have self-quarantined for 14 days.
- 10) Any person who has been **in contact with** someone known to have tested positive may **not** to come to the barn for at least two weeks after the contact *or* for 2 weeks after symptoms began and they are symptom-free. (I.E.T. would appreciate seeing a copy of a negative Covid-19 test, when possible.)
- 11) Riders and parents/caregivers agree to notify I.E.T. if they or anyone with whom they have been in contact has symptoms of Covid-19. No one with known Covid-19 contact will be permitted to come to the barn for 2 weeks after contact.

12) Participants, parents and caregivers must keep their masks on until they return to their vehicle.

13) Hand sanitizer is being used on equipment. Riders *may* be asked to wipe down the reins at the end of the lesson.

I.E.T. recognizes the difficult times we are all facing. Many of our riders and instructors are at high risk for serious Covid-19 infection. I.E.T. intends for these procedures to allow us to continue delivering the lessons and equine experiences our riders have come to enjoy.

Together we can carve out a new “normal” for riding lessons. To insure everyone’s safety and continued well-being, we all must do our part to control the spread of this terrible disease.

We are looking forward to a wonderful fall season and to sharing it with our riders.

